


## Bulletin II

# Funen Sprint Cup 2022

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| <p><b>IOF International Sprint Specification</b></p> | <p>The sprint specification is assumed to be known, where the following must be emphasized in particular:</p> <ul style="list-style-type: none"> <li>- "half roof" (light gray with thin contour line) = <b>allowed</b> to pass.</li> <li>- "impassable vegetation" (dark green) = <b>forbidden</b> to pass!</li> <li>- "impassable wall / fence" (thick black line) = <b>forbidden</b> to pass!</li> </ul> <p>It is forbidden to punch a control "over" an impassable vegetation and wall / fence.</p> <p>Areas / passages that are prohibited according to the sprint specification must be acknowledged.</p> <p>It should be emphasized that even low hedges, marked as impassable, may NOT be passed.</p> <p>There may be forbidden areas (also marked forbidden on the map) which of course must be respected.</p> <div data-bbox="692 1216 1233 1509" style="text-align: center;"> <p>Forbudt område<br/>Høj mur, må ikke passeres<br/>Privat område<br/>Impassabel hæk</p> </div> |
| <p><b>Rules and responsibility</b></p>               | <p>The race areas are not closed, so ordinary traffic must be expected.</p> <p>Please show special attention when crossing house corners and narrow passages where children and the elderly may travel.</p> <p>Please run on sidewalks or walking / cycling paths where such are available. Participating is on own responsibility, and traffic rules <b>MUST</b> obeyed.</p>  |



|                               |  |                 |                                |                               |                         |                     |                                   |
|-------------------------------|--|-----------------|--------------------------------|-------------------------------|-------------------------|---------------------|-----------------------------------|
|                               | <p>Runners are not allowed to enter the race areas, not even in the time between prologue and final.</p> <p>It is not allowed to run in studded shoes.</p>   |                 |                                |                               |                         |                     |                                   |
| <b>Driving directions</b>     | <p>Please use exit 13 - Ringe C.</p> <p>Parking at:</p> <p>Rynkeby Foods, parking lot<br/>Vestergade 22<br/>5750 Ringe</p>    |                 |                                |                               |                         |                     |                                   |
| <b>Distances</b>              | <table> <tr> <td>Parking - Venue</td> <td>750 m red / white marking tape</td> </tr> <tr> <td>Meeting area - Start prologue</td> <td>700 m blue marking tape</td> </tr> <tr> <td>Venue - Start final</td> <td>275 m yellow / black marking tape</td> </tr> </table>   | Parking - Venue | 750 m red / white marking tape | Meeting area - Start prologue | 700 m blue marking tape | Venue - Start final | 275 m yellow / black marking tape |
| Parking - Venue               | 750 m red / white marking tape   |                 |                                |                               |                         |                     |                                   |
| Meeting area - Start prologue | 700 m blue marking tape  |                 |                                |                               |                         |                     |                                   |
| Venue - Start final           | 275 m yellow / black marking tape  |                 |                                |                               |                         |                     |                                   |
| <b>The venue</b>              | <p>The venue opens at 11.00.</p> <p>You will find the venue by following the red / white marking tape from the parking lot.</p> <p>There is no venue kiosk, but there is supermarket (Superbrugsen) nearby, which sells sandwiches.</p> <p>Rental SI pins are to be picked up at the competition office by each runner needing one.</p>  |                 |                                |                               |                         |                     |                                   |
| <b>Bath and changing room</b> | Bathing facilities and changing rooms are not available.   |                 |                                |                               |                         |                     |                                   |
| <b>Toilet</b>                 | From the venue the route to toilets is marked with yellow marking tape. Markings must be followed both ways.   |                 |                                |                               |                         |                     |                                   |
| <b>Club tents</b>             | It is possible to have club tents at the venue.  |                 |                                |                               |                         |                     |                                   |
| <b>The map</b>                | <p>Ringe By 1: 3000 and 1: 4000, equidistance 2.5m - revised and partly new drawn Feb - May 2022.</p> <p>The map covers an exciting station town, original village with gates, passages and backyards and a number of institutions.</p> <p><b>Please note:</b><br/>Unfortunately the symbol <b>O</b> has not been given/explained on the map. <b>The symbol O is used for playground equipment taller than 2 meters.</b></p> |                 |                                |                               |                         |                     |                                   |



## Classes, Lengths and Controls : (length in kilometers)

| Classes | Map     | Course   | 4/6              |               | 4/6    |        |
|---------|---------|----------|------------------|---------------|--------|--------|
|         |         |          | Ringe - Prologue | Ringe - Final | Length | Cntrls |
| D12     | 1: 3000 | Course 7 | 1.7              | 25            | 1.6    | 18     |
| D14     | 1: 4000 | Course 6 | 2.0              | 17            | 2.0    | 17     |
| D16     | 1: 4000 | Course 3 | 2.4              | 17            | 2.4    | 22     |
| D20     | 1: 4000 | Course 2 | 2.6              | 21            | 2.5    | 23     |
| D21     | 1: 4000 | Course 2 | 2.6              | 21            | 2.5    | 23     |
| D40     | 1: 4000 | Course 3 | 2.4              | 17            | 2.4    | 22     |
| D45     | 1: 4000 | Course 3 | 2.4              | 17            | 2.4    | 22     |
| D50     | 1: 3000 | Course 5 | 2.2              | 18            | 2.2    | 16     |
| D55     | 1: 3000 | Course 5 | 2.2              | 18            | 2.2    | 16     |
| D60     | 1: 3000 | Course 5 | 2.2              | 18            | 2.2    | 16     |
| D65     | 1: 3000 | Course 4 | 2.0              | 18            | 2.0    | 17     |
| D70     | 1: 3000 | Course 4 | 2.0              | 18            | 2.0    | 17     |
| D75     | 1: 3000 | Course 4 | 2.0              | 18            | 2.0    | 17     |
| D / H90 | 1: 3000 | Course 4 | 2.0              | 18            | 2.0    | 17     |
| H12     | 1: 3000 | Course 7 | 1.7              | 25            | 1.6    | 18     |
| H14     | 1: 4000 | Course 6 | 2.0              | 17            | 2.0    | 17     |
| H16     | 1: 4000 | Course 2 | 2.6              | 21            | 2.5    | 23     |
| H20     | 1: 4000 | Course 1 | 2.8              | 23            | 2.8    | 22     |
| H21     | 1: 4000 | Course 1 | 2.8              | 23            | 2.8    | 22     |
| H35     | 1: 4000 | Course 1 | 2.8              | 23            | 2.8    | 22     |
| H50     | 1: 4000 | Course 3 | 2.4              | 17            | 2.4    | 22     |
| H55     | 1: 4000 | Course 3 | 2.4              | 17            | 2.4    | 22     |
| H60     | 1: 3000 | Course 5 | 2.2              | 18            | 2.2    | 16     |
| H65     | 1: 3000 | Course 5 | 2.2              | 18            | 2.2    | 16     |
| H70     | 1: 3000 | Course 4 | 2.0              | 18            | 2.0    | 17     |
| H75     | 1: 3000 | Course 4 | 2.0              | 18            | 2.0    | 17     |
| H80     | 1: 3000 | Course 4 | 2.0              | 18            | 2.0    | 17     |

|                      |        |            |     |    |
|----------------------|--------|------------|-----|----|
| D21E / H21E training | 1:4000 | Course 21E | 6.6 | 45 |
|----------------------|--------|------------|-----|----|

Course lengths are given in direct measurement.



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| <p><b>Prizes</b></p>                         | <p><b>The cup:</b><br/>There will be prizes for the overall winners of the Funen Sprint Cup in each class. Prize giving will take place at the venue after the races.</p>   |
| <p><b>Start</b></p>                          | <p>The start is executed by Put 'n Run, and we are using Start controls.</p> <p>Before the start, the runners are registered and then stand in line, course by course. Here the SI pin is emptied and checked.</p> <p>Individual start. There will be 3 start boxes with 30 seconds in each box.</p> <p>It is the runner's own responsibility to show up at the start with the SI pin.<br/><b>Rental pins</b> are in the event office!</p> <p>A copy of the race map is hung between start box 2 and 3. Loose control descriptions are handed out between start box 1 and 2.</p> <p>When handing out the map in box 3, the runner must check that it is the correct course / class. The map is then held in the hand with the back up until the start moment.</p> <p><b>REMEMBER:</b> You must punch the START control when you start. This starts your time.</p> <p>D / H-10 and D / H12 receive the map 1 minute before start.<br/>It is not allowed to follow the you runners before running your self.</p> <p>-</p> <p>From the venue to the start follow the blue marking tape. There is 700m to the start on the prologue. First start is at 12.00</p> <p>From the venue to the start of the final is 275 m. Follow the yellow/black marking tape. The first start in the final is expected to be as soon as possible after 14.00</p> |
| <p><b>Elite training<br/>D21E / H21E</b></p> | <p>Elite training starts from 13:00. Follow blue marking tape from the venue to the start area.</p>   |
| <p><b>Finish</b></p>                         | <p>Max time is 45 minutes.</p> <p>Discontinued runners must register for the finish.</p> <p>Rental pin, must be handed over after the second race.</p> <p>There is water in the finish area.</p>  |



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|                                 | <p>The results are continuously posted and can also be viewed at <a href="http://live.oriento.fi">http://live.oriento.fi</a>.</p> <p>Results and split time can be viewed at: <a href="http://www.fynsksprincup.dk">http://www.fynsksprincup.dk</a> as soon as possible after the competition.</p>   |
| <b>The Cup</b>                  | <p>Runners who participate in 2 races, participate in the Cup.</p> <p>Results of the Cup, are calculated as the total fastest time of the two races.</p>   |
| <b>Registration at race day</b> | <p>It is possible to buy a course as long as maps are available. The starting fee is DKK 70 for junior (for up to H / D-20), and DKK 95 for senior (from D / H21-).</p> <p>Rental of SI pin is DKK 15 per. race, when renting for a total Cup, the price is DKK 30.</p> <p>You can pay in cash or with MobilePay (Danish banking app).</p> |
| <b>Course creator</b>           | <p>Søren Klingenberg, Faaborg OK<br/>mobile +45 6126 6052</p>  |
| <b>Event secretary</b>          | <p>Bjørn Christoffersen, Svendborg OK<br/>mobile +45 2117 6344</p>   |
| <b>Event governor</b>           | <p>Michael Termansen, OK Syd</p>   |

